

## Tichon Educational Seminars

Our Tichon program has undergone a dynamic transformation with shorter sessions and more time for projects and discussion. In addition, all of our classes will be available via podcast for students interested in Independent Study.

### TICHON OPEN HOUSE

September 15 • 7:00-8:30 PM

Come meet the teachers and hear more about the structure of the program. Join us for dinner and ice breakers and hear about all of the Tichon sessions scheduled for the year.

## Tichon Session 1

September 22-October 29

(5 sessions; no class on September 29)

Session 1 will conclude with a Friday Night Shabbat Program on October 29.

6:45-8:30 PM • Cost \$200, pre-registration is requested.

Classes being offered –please select one:

### Conversational Modern Hebrew with Tikva Farber (9th-12th grade)

In addition to learning grammar and forms and increasing student's vocabulary students will discuss topics of interest based on student's knowledge of the Hebrew language.

### Café Dilemma with Donna Liberman (9th-12th grade)

This class explores some "modern" dilemmas that we all encounter and looks to our Jewish teachings for guidance on forming our stance. This is a lively, discussion based class, and students are encouraged to bring dilemmas to the class for us to explore.

### What Does It All Mean to Me – Jewish Identity through Liturgy with Tracy Rice (8th grade)

You've just spent the last 7 years of your life learning the Shabbat liturgy in preparation for your Bar or Bat Mitzvah, but what does it all really mean to you? We will be examining the liturgy in a deeply personal way looking for connections to our own lives. Through this class we will develop a Teen Friday Night and Saturday Shabbat Service.

## Teen Shabbat

Each five week Tichon session will conclude with a Teen Shabbat Program that all Teens in 6th grade and up are encouraged to join. An RSVP is requested to ensure we have enough food.

### TEEN FRIDAY NIGHT SHABBAT DINNER AND SERVICE

Friday, October 29 • 6:15-8:30 PM

### TEEN SHABBAT SERVICE AND PROGRAM

Saturday, December 11 • 10:15-12:30 PM

## Tichon Session 2

November 3-December 11

(5 sessions, no class on November 24)

Session 2 will conclude with a Saturday Shabbat Program on December 11.

6:45-8:30 PM • Cost \$200, pre-registration is requested

Classes being offered –please select one:

### Biblical Food with Hagar Ben-Eliezer (9th-12th grade)

From the moment Eve was seduced to bite the apple, food played a vital role in the symbolic language of the Bible. Reading the Bible through a chef's eye uncovers a fascinating array of food references, recorded meals and detailed accounts of a changing way of life. Join me as we explore our biblical taste palate and try ingredients from the past while updating recipes for our modern Jewish lives.

### Israeli Film Club with Tikva Farber (9th-12th Grade)

This class will examine films from different times throughout the history of the state of Israel and will provide the class with topics for discussion, expressing opinions and debates political, social and personal relationship issues.

### Creative Call to Action! Tallits for Tzedakah! with Susan Simon (8th-10th Grade)

You can do a mitzvah while learning and using your creative skills. Join us as we make tallitot for a community in need. You will get to design and make a tallit out of materials that we provide, learn what goes into making a kosher prayer shawl, its history, the mystical numerology, and the customs for wearing and using it in a service. All tallitot will be donated to a needy community at the end of the class. Materials fee of \$15 is required.

**The Teen Lounge** *The Annex is in the process of being transformed into a multi-use building for teens! We will have the original lounge space, plus a Youth Sanctuary and classroom space for teen classes and programs. Join us as we make this space our own! Come to a special Teen Lounge Meeting on Sunday, October 17 from Noon-1:30, to lay out the plan for furnishing and decorating the space.*

# Youth Groups

## KADIMA AND USY YOUTH GROUP CHAPTER

Kol Shofar offers four youth group programs: Junior Kadima for 4th and 5th Graders; Kadima for 6th and 7th Graders; Senior Kadima for 8th Graders; and USY for 9th-12th Graders. Followingz is a list of dates and programs for each group.

- September 12: 12:15-2:00 PM **Kadima** Kick-Off
- October 2: Time TBD **USY** Kick-Off- Dinner and a Movie at the Shul
- October 3: 12:15-2:00 PM **Junior Kadima** Kick-off – Games and Ice Cream in the Teen Lounge
- October 9: Time TBD **Senior Kadima** Kick-Off
- October 10: 12:30-6:30 PM **Kadima** – Movie and the Mall at Northgate
- October 20: 6-7 PM **Senior Kadima** Chill
- November 7: 12:30-5:30 **Kadima** Ice Skating
- November 10: 6-7 PM **Senior Kadima** Chill
- November 12-14: **USY** Fall Kinnus in San Jose, Regional Convention
- November 20: Time TBD **USY/Senior Kadima** Program
- December 4: Time TBD **USY and Senior Kadima** Chanukah Party
- December 5: 12:15-2:30 PM **Junior Kadima/Kadima** Chanukah Party

## TZEDAKAH SUNDAY TIKKUN OLAM PROGRAM

Sunday October 24 • 12:15-2:30 PM • We will meet at Kol Shofar and walk to Blackie's Pasture collecting garbage as we go. Once there we will eat lunch then do a park clean-up. Come and get some exercise while doing a mitzvah! Please pack a vegetarian bag lunch, or bring \$5 to purchase a lunch from Kol Shofar. Cost: Without Lunch- free; with Lunch- \$5

Sunday, November 14 AND Thursday, November 18 • 4-6 PM • On Sunday we will meet to decorate bags and cards for the Seniors at Home program through the JFCS. These bags will then be stuffed with Hannukah goodies on Thursday and delivered to homebound seniors. You can sign up for one or both events.

## MADRICHIM PROGRAM

Students who are currently enrolled in Tichon or other Jewish Education programs are eligible to work in Beit Binah's Madrichim Program. With the guidance of their mentor teacher the Madrichim are encouraged to write and implement their own short lesson plan at least once during the year. As a member of our Madrichim Program, you will have the option of being paid twice a year or using your hours towards community service requirements, or a combination of the two. Madrichim are needed on both Sundays and Wednesdays. Please contact Tracy Rice if you are interested.

## ROSH HODESH: IT'S A GIRL THING!

Last year we brought Moving Tradition's renowned program for girls to Kol Shofar. This year we are continuing the program and opening it up to a new group of girls. The cost for the year is \$150 plus a \$36 dollar materials fee.

A Taste of Rosh Hodesh for 6th-8th Grade Girls and their Parents

**Join us for Shabbat Dinner & short program to get a taste of Rosh Hodesh: It's a Girl Thing!**

Friday, October 8 • 6:00 PM-7:30 PM • \$10 for parent and daughter

## MOTHER/DAUGHTER BOOK CLUB

The relationship between mother and daughter is full of love, joy and sometimes anger. We will be reading *I'm Not Mad, I Just Hate You! A new understanding of the mother-daughter conflict*, by Roni Cohen-Sandler and Michelle Silver. We will meet monthly for facilitated discussions with a trained Jewish Educator. Participants will also be encouraged to use the "Just Between Us" shared journal. Families who are interested should contact Tracy Rice.

**For any of the above programs, contact Tracy Rice at [trice@kolshofar.org](mailto:trice@kolshofar.org) or 415-388-1818, ext. 101 for more information and to sign up.**